



KAPITEL 15

Mango Crab

By Kaijus Ervasti

I like to develop new recipes like mango crab - and invite my friends to eat and try new dishes. At this time I also like to use more fruit in my meals. One of my good friends is Miriam Attias, head of Finnish Community - and Neighborhood Mediation Center. She is a very innovative conflict resolver and mediator. Some years ago there was a problem in an apartment building. An African woman had an apartment in that house. Someone had placed bananas in her mailbox. She was frightened and had experienced the situation as a threatening one. She knew that the person who had threatened her lived in same house be-

cause the front entry doors were locked and only residents had the keys. In that situation, Miriam went with the woman to ring the doorbells of other people in the building. They asked the other residents "Has someone put bananas into your mailbox?"

The neighbors were surprised. Four neighbors called the woman into their homes to talk about the situation and they promised to help her. One person in the house kept the door closed and didn't answer. The woman's sense of security improved and she did not get any more bananas in her mailbox.

Mango Crab

Ingredients

- 2 mangoes
- crayfish, prawns crabs
- coriander leaves

Cooking liquid

- 1 liter water
- 2 deciliter vinegar
- 4 tablespoons sugar
- 1 tablespoon salt
- 10 cloves

Sauce

- 1 deciliter sesame oil
- juice of 1 lime
- 4 teaspoons honey
- 2 tablespoons tomato purée
- 1 tablespoon calvados
- fresh chili (e.g. half of a habanero)
- 4-5 white garlic cloves

Cooking

- peel the mangoes
- cook mangoes one by one for about 7-8 minutes in cooking liquid
- cut them into pieces
- make a sauce

- set mangoes on a platter
- add crabs, corianders and sauce over

About the author

Kaijus Ervasti is doctor of laws and adjunct professor in the University of Helsinki. He has written many books, research reports and articles. His writings deal with sociology of law, history of the law, procedural law, law drafting, conflict resolution and mediation. For example in 2014 he published with professor Anna Nylund (University of Tromso) a large book of conflict resolution and mediation. Lectures have been given in many universities on sociology of law, procedural law, conflict resolution and mediation. Kaijus has worked as a trainer in mediation training programs for judges and attorneys for about 15 years. He has also worked as a mediation trainer in the EU twinning – project "Support the development of alternative dispute resolution in Albania" in 2016-2017. He has also created two (Finnish) cook books for lawyers.

